

PRE-OPERATIVE CHECKLIST

- ☐ **Preoperative appointment** to ensure that you have everything ready for surgery/ know what is required before surgery.
- ☐ Attend **Joint Replacement Class** at the hospital.
- ☐ **Pre-admissions registration** at your surgical location. Bring all medications in their bottles to this appointment.
- ☐ Primary care provider and/or other specialists' appointment(s) for **surgical clearance**.
- ☐ **Purchase Hibiclens**. You will need to shower the night before and morning of surgery with this soap. This will help reduce the risk of infection.
- ☐ **Remove all colored nail polish from your fingernails**. A device to measure your oxygen levels will be placed on your fingers. It does not work properly through colored nail polish. Clear nail polish is okay.
- ☐ **Do not eat or drink anything after midnight** the night before the surgery.
- ☐ **Do not shave the surgical area** before the surgery. If needed, this will be done the morning of surgery.
- ☐ **Discontinue any medications/substances that can increase surgical bleeding** or cause a delay in healing. (i.e. blood thinners, smoking, OTC vitamins/supplements, immunosuppressant drugs)
- ☐ Make sure you have your family/friend **support system arranged** for assistance at the hospital and at home.
- ☐ **Plan to arrive at the hospital at 5:00 am** the morning of surgery, unless told otherwise. You will check in on the 1st floor by the ER, the same place you had your pre-admission appointment at.